



125 Bayview Drive • Osprey, FL 34229 • 941.966.2244
www.sarasotascullers.org • e-m: sarasotascullers@yahoo.com

Pg. 1 - General Information (keep for your reference)

For Registration:

- Please download this entire packet. **FILL OUT COMPLETELY AT HOME** and bring to Registration.
- The FHSAA sports physical form must also be completed and signed by a doctor. Please download this document from our website under "Forms". This document is necessary for participation.
- We will have a notary present at Registration - Aug.6 and 13 from 9:00 - 11:30 am at the Scullers Clubhouse, 125 Bayview Drive Osprey, FL 34229

Welcome to Sarasota Scullers; 2010 State Champions; 2011 National Champions! We are looking forward to another record-breaking season. Enclosed in this application package are waivers, permission slips, and medical authorization forms.

PRACTICE SCHEDULE

Varsity and Novice

- Monday, Tuesday, Thursday, and Friday: 3:45 – 6:15 p.m.
- Saturday: 7:45 – 10:15 a.m.
- * Wednesday practices will be added in late Fall.

Middle School

- Wednesday: 4:30 – 6:15 p.m.
- Saturday: 10:15 a.m. – 12:15 p.m.

All practice times and locations are subject to change.

All rowers must bring the following to practice every day:

Flip flops or water shoes, sneakers, and dry socks
a towel
a 7/16" and a 3/4" wrench
a change of clothes

Each rower is responsible to bring his or her own water each day. For health reasons, drinking from another rower's water bottle with or without permission is strictly prohibited.

Practice clothing must include spandex shorts, shirt (nothing loose fitting)

Girls must wear shirts at all times. No exposed sports bras.

Boys' unisuits may not be rolled down to waist height; boys must wear shirts at practice.

Our fall season usually includes 4-5 Head regattas and our spring season usually includes 5-7 Sprint regattas. The dates and locations can be found on our website as soon as they are finalized.



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Pg. 2 - Financial Information (keep for your reference)

NOTE: Families with more than one rower will receive a 50% discount on the 2nd child's dues

High School Dues:

- Registration fee: \$100: non-refundable - **payable at Registration - PLUS**
- Equipment fee: \$250: non-refundable - **payable at Registration - PLUS**
- Membership dues: \$1550: less discounts - **payable as follows:**
 1. Quarterly payments : \$1550: \$387.50 due August, November, January, and March
 2. Semi-annual payments: \$1500: \$750 due August and January (\$50 discount applied)
 3. Payment in full at Registration: \$1450 due at Registration (\$100 discount applied)

Middle School Dues:

- Registration fee: \$100: non-refundable - **payable at Registration - PLUS**
- Equipment fee: Waived for 2011 - 2012
- Membership dues: \$900 less discounts - **payable as follows:**
 1. Semi-annual payments: \$450 due August and January
 2. Payment in full at Registration: \$850 due at Registration (\$50 discount applied)

- It is understood that the months of August and May are partial months for rowing.
- A late charge of \$10.00 will be charged to your account if the dues are not received in the office by the 5th of the month.
- Delinquency in dues may result in your child not participating until the account is brought current. Those wishing to make special financial arrangements should contact the office to discuss your individual concerns.



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Pg. 3 - Financial Information (keep for your reference)

(continued)

There is mandatory participation for all rowers in all assessments and fundraisers, including the car raffle, if held. This will be further discussed at the parent meetings.

- **Payments:** Preferred method of payment is by check whenever possible, however credit card payment can be arranged if necessary; please call the office. Make all checks payable to: Sarasota Scullers, 125 Bayview Dr., Osprey, FL 34229 or drop off at the clubhouse office. There is a mail slot to the left of the front door if no one is there. Each payment is due by the 1st of the corresponding month and is considered late by the 5th of that month at which time it will be assessed a \$10.00 late fee.
- **Refunds:** Any refunds requested when lump payments are made will be calculated as monthly payments with no discount for partial month. Meaning, when computing refunds the refund will be for any months not started but paid in advance. The allotted amounts will be \$155/month for novice/varsity program and \$112.50 /month for middle school program.
- **Regatta Assessments:** Assessments are necessary for regatta expenses above the membership dues and fundraising events. Regatta expenses include the cost of the buses, boat entry fees, food, boat rental and/or transportation, and hotel required in order to attend those regattas. The regatta assessments must be paid in full one week PRIOR to the regatta. The total cost of the regatta is computed and then divided by the number of rowers attending the regatta in order to determine the cost per rower. Therefore, the fee is the same for every rower regardless of whether the rower rides the bus or with their parent and regardless of whether they stay in the hotel room or not. Rowers who are participating with SSYRP under scholarship are responsible for their own regatta assessment fees as these fees do not fall under the scholarship.
- **Clothing:** All novice and varsity rowers are expected to purchase a Scullers' polo, a crossed oar t-shirt, and a unisuit. These articles of clothing are necessary for attendance of and participation in regattas.

If you have any questions, do not hesitate to contact the office at 966-2244 or by email at sarasotascullers@yahoo.com. Thank you and we look forward to seeing you at practice.



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Pg. 4 - Mandatory Paperwork Checklist (bring pgs. 4 - 16 to Registration)

(Parent, please check "Parent" column when complete)

<u>Parent</u>	<u>Office</u>
_____	_____ General and Financial Information (Keep at home for your records) - pgs. 1-3
_____	_____ Mandatory Paperwork Checklist - pg. 4
_____	_____ Application - pgs. 5- 6
_____	_____ Medical and Field Trip Permission Form - pg. 7
_____	_____ Emergency Medical Treatment/Field Trip Consent Form - pg. 8
_____	_____ Medical Release Form for Overnight Travel - pg. 9
_____	_____ Parent/Guardian Release and Hold Harmless Agreement for Rower Athletic Participation - pg. 10
_____	_____ HIPAA Compliance - pg. 11
_____	_____ Sarasota Scullers Rowing Program Contract - pg. 12
_____	_____ Rules of the Road - pg. 13
_____	_____ Media Release Form - pg. 14
_____	_____ Mandatory US Rowing Membership Instructions (MIDDLE SCHOOL AND HIGH SCHOOL TEAMS) (Mem # _____) - pg. 15
_____	_____ Regatta Waiver instructions (signyourwaiver.com Waiver, NOARA Waiver, Release of Liability-USRowing Waiver) - pg. 16

Additional papers to bring to registration:

_____	_____ Completed 3 page FHSA Preparticipation Physical Form (download from our website under "FORMS").
_____	_____ Photocopy of Both Sides of Health Insurance Card
_____	_____ Copy of Completed Universal Waiver from signyourwaiver.com waiver (see pg. 16 of packet) - HIGH SCHOOL TEAM ONLY
_____	_____ Copy of completed NOARA Waiver - (see pg. 16 of packet) - MIDDLE AND HIGH SCHOOL TEAMS
_____	_____ Copy of completed Release of Liability; USRowing Waiver - (see pg. 16 of packet) - MIDDLE AND HIGH SCHOOL TEAMS



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Pg. 6 - Application

(cont'd)

Mother's Occupation _____

Father's Occupation _____

I (parent) will volunteer in the following area:

<input type="checkbox"/> Food	<input type="checkbox"/> Maintenance	<input type="checkbox"/> Driving boats to regattas
<input type="checkbox"/> Phone calls	<input type="checkbox"/> Office Help	<input type="checkbox"/> Chaperone
<input type="checkbox"/> Social	<input type="checkbox"/> Fundraising	<input type="checkbox"/> Advertising
<input type="checkbox"/> Publicity	<input type="checkbox"/> Grocery shopping	

I acknowledge and agree that; (1) by virtue of my participation I risk bodily injury, including paralysis, dismemberment, and death, and other loss including damage to property; (2) I knowingly and freely assume such risk; (3) I release, hold harmless and promise not to sue Sarasota Scullers Youth Rowing Program Inc. or its officers, agents, employees, and sponsors, with respect to all such injury, paralysis, dismemberment, death or loss including, acts of negligence except that injury or loss which results from gross negligence or willful or wanton misconduct of one of those individuals or organizations.

Signature of applicant _____ Date _____

Signature of parent _____ Date _____



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Pg. 7 - Medical and Field Trip Permission Form

I give (*name of rower*) _____ permission to attend all Sarasota Scullers Youth Rowing Program, Inc. functions.

I do not hold Sarasota Scullers Youth Rowing Program, Inc. or any other chaperones, or the club responsible for my child's behavior or possible financial obligations.

Is this rower subject to any allergies? _____ If so, please describe. _____

Is this rower allergic to penicillin? _____

Has this rower had his/her Appendix removed? _____ If so, when _____

Can this rower take Motrin, Advil, Aleve, Tylenol? _____ Without supervision? _____

Is this rower taking any sort of medical treatment at this time? _____

If so can this be taken without supervision? _____

PLEASE GIVE ALL MEDICATION REQUIRING SUPERVISION TO TAKE TO THE ASSIGNED CHAPERONE PRIOR TO DEPARTURE.

Has this rower had any sickness which might recur on a trip? _____ If so; what are the symptoms? _____

Is there any other situation of which you believe a chaperone should be aware? _____

If so, please describe in detail. _____

In case of any problem or emergency every effort will be made to reach a parent immediately.

Home #: _____ Cell #: _____ Work #: _____

In case of emergency I give my permission for my son/daughter to have hospital and/or doctor's services if such be necessary. In case any other problem should arise such as behavioral, I will accept a phone call to help rectify the situation.

Parent/Guardian Signature: _____ Date: _____



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Pg. 10 - Parent/Guardian Release and Hold Harmless Agreement for Rower Athletic Participation

Name of Rower: _____
Date of Birth: _____ Place of Birth _____
Name of School: _____ School Year: _____
Name of Sport/Activity this agreement governs: Crew, rowing

I/we fully understand that playing or practicing to play interscholastic sports may be hazardous and poses a risk of injury to participants, others, and/or property damage, including but not limited to, *sprains, strains, contusions, abrasions, broken bones* and in extreme cases, *paralysis or death*. Due to the potential hazards associated with interscholastic sports, I/we recognize the importance of following the instructions of coaches and trainers regarding rowing techniques, training and other rules associated with this sport. I/we understand that it is the responsibility of the parents/guardians to provide proof of medical coverage prior to participation in any phase of this sport.

Medical Insurance Statement

I have comprehensive medical insurance that covers this rower for any expenses he/she may incur as the result of a sports related injury.

Name of insurance company: _____
Policy #: _____ Policy Effective Dates _____
Insurance Co. Phone #: _____ **Please attach a copy of both sides of insurance card)**

I/we hereby give my/our consent for my/our child/ward to engage in Sarasota Scullers Youth Rowing Program, Inc. approved athletic activities as a representative of his/her club/crew. I/we also give my/our consent for him/her to accompany the team as a member on out of town trips.

Parent/Guardian Home Address: _____
Daytime Phone: _____ Cell Phone: _____ Home Phone: _____

In consideration of Sarasota Scullers Youth Rowing Program, Inc. permitting my child/ward to engage in interscholastic sports, I/we agree to release and hold harmless Sarasota Scullers Youth Rowing Program, Inc, its employees, agents, sponsors, chaperones, etc. from and against all damages, claims, judgments, costs or any other expenses, including attorney fees, arising out of bodily injuries or property damage resulting from participation in interscholastic sports.

I acknowledge that I have read this agreement and fully understand its meaning, and that I will abide by all terms and rules associated with this sport and in this agreement. This agreement to participate in interscholastic sports is entered into voluntarily and is made with the understanding that I have not violated any of the eligibility rules or regulations of Sarasota Scullers Youth Rowing Program, Inc.

Rower Signature Date

Parent/Guardian Signature Date

State of Florida, County of Sarasota

The foregoing instrument was acknowledged before me this ____ day of ____, 20 __, by _____ who is personally known _____ or produced identification. Type of identification provided _____

Signature of Notary Public-State of Florida



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Pg. 11 - HIPAA Compliance

In accordance with the Health Insurance Portability and Accountability Act of 1996 we are required to provide the participant or the participant's parent or legally authorized representative with the Notice of Privacy Practices describing how we use and disclose participant health information. We will need this authorization signed in order for us to use or disclose athletic screening health fitness information with the coaching staff.

HIPAA Compliant Authorization to Release Medical Information (The execution of this form covers only the release of information described below)

I authorize Sarasota Scullers Youth Rowing Program, Inc. to release the information described below to the athletic director, coaching staff, or personnel involved in the care of the athlete.

The information to be provided is at the request of the individual being screened/athlete or if the athlete/participant is a minor, the legally authorized representative.

_____ Results of the athletic health screening/information regarding fitness to play.

Authorization: I certify that this request has been made voluntarily, and this authorization will expire on August 30, 2012.

HIPAA Required Statements:

I understand that the information provided under this release may be subject to re-disclosure by the recipient under circumstances no longer protected by HIPAA Privacy Rules.

I understand that I may revoke this release at any time, except to the extent that action has already been taken to comply with it. To revoke this authorization, I must provide written notice to the Sarasota Scullers Youth Rowing Program Privacy Office, 125 Bayview Drive, Osprey, Florida, 34229.

_____ Initial here for: Acknowledgement of receipt of Notice of Privacy Practices

Signature of Athlete/Participant

Date

NOTE: Parent/Guardian or Legally Authorized Representative MUST sign if athlete/participant is a MINOR.

Signature of Parent/Guardian/Legally Authorized Representative

Date

Relationship to Athlete/Participant _____



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Pg. 12 - Sarasota Scullers Rowing Program Contract

As a member of Sarasota Scullers, I understand that my behavior affects the reputation of Scullers and agree to follow these rules:

1. I will not consume alcohol, illicit drug substances or use tobacco products as long as I am a Sculler.
2. I will attend all practices and be there on time. If I am unable to attend a practice for any reason, I will notify one of the coaches first and obtain permission to miss practice before that practice begins.
3. I will strictly observe my curfew on overnight trips.
4. I will not travel to or leave regattas via any other mode of transportation other than the bus that was chartered to take me to or from the regatta, except with my parents, and only after obtaining permission from one of the coaches prior to the day of departure and sign the correct form.
5. I will not engage in any public display of affection (PDA) with any crew member while participating in any function of the crew which will include, but is not limited to practice, bus trips, regattas, or overnight stays.
6. I will comply with all club rules.
7. I will only use club property with permission and/or approved supervision.
8. I will not steal/shoplift while participating with Sarasota Scullers Youth Rowing Program, Inc.
9. I will not row for or participate with any crew other than Sarasota Scullers Youth Rowing Program, Inc. for the school year in which I join Scullers.

Drug, Tobacco, and Alcohol Use: Rowers will not consume alcohol or illicit drug substances or use tobacco products as long as they are a member of Scullers. No tobacco, alcoholic or illicit drug substances are to be on one's person or among one's personal belongings. As a teammate, if you are aware of anyone drinking or using any illegal substances, you are obligated to inform a Captain, Coach, or Chaperone. Any member of the Coaching Staff or Head Chaperone has the right to perform random or specific bag and room checks including, but not limited to, all personal items as well as random or specific drug and alcohol testing.

I understand that failure to abide by these rules will result in my dismissal from Scullers. I have read these rules and agree to abide by them.

Rower Signature

Parent Signature

Date

Date



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Pg. 13 - Rules of the Road

1. Adult chaperones are fully responsible for you; therefore, all disciplinary requests must be strictly followed. No one under 18 may be left alone in a hotel at any time.
2. No alcoholic or illicit drug substances are to be on one's person or among one's personal belongings for duration of stay. As a teammate, if you are aware of anyone drinking or using any illegal substances, you are obligated to inform a Captain, your Coach, the Administrator or a Chaperone. That person's parent will then be called and asked to come to the hotel or regatta to take them home.
3. If you are traveling with prescription drugs, please let your Coach or the Administrator know (for emergency purposes).
4. Administration, Coaching staff or Head Chaperone has the right to perform random or specific bag and room checks including, but not limited to, all personal items.
5. Adult chaperones must be informed of your whereabouts at all times. We will provide phone numbers so that you can reach your Coach, the Administrator, or chaperones at any time. If you travel with a cell phone, please give the Administrator your cell phone number prior to the trip so that it can be recorded.
6. Evening curfews are to be strictly observed. Hotel room doors will be taped after the last bed check. If the seal is broken, all individuals in the room will be penalized. If you have a problem after curfew, please call the Administrator, a chaperone, or your Coach; they will come to your room. Do not leave your room! If you do, it may result in your not rowing, which may penalize one or more boats.
7. Behavior at all times must be a positive reflection on Sarasota Scullers Youth Rowing Program and all Sarasota County Schools. This includes travel by bus or plane, as well as at hotels, restaurants and regatta sites. You must refrain from using foul language.
8. It is each individual's responsibility to keep money and personal belongings safe. On the other hand, if one is caught stealing another rower's money or property, he/she will be sanctioned (sanctions will be determined by the Coaches and Administrator).
9. Please keep your rooms as neat as possible to allow housekeeping staff to do a better job for you.
10. Hotel property such as blankets, towels, pillows, etc., must not be removed from your rooms. Any items found missing will have to be replaced at cost by the occupants.
11. If anyone in the party should cause the hotel to have to refund another guest's charges due to excessive noise, the hotel will be forced to add these charges to our group's stay. The offending party (or parties) will bear any expense to the club.
12. There is no running or use of loud voices in hallways, lobbies, or pool areas. Televisions, music, etc. are to be kept at normal sound levels. No foul language will be used by any rower.
13. For the courtesy of other hotel guests, quiet hours are from 10PM until 8AM. During this time, please minimize any activity that could disrupt other guests, including the slamming of doors.
14. There will be no taping of signs to painted surfaces or "trashing" of any hotel room. The individual(s) will bear the expense of any damage to hotel property.
15. If your hotel room has a balcony, please do not sit or stand on the railing and do not throw anything off the balcony.
16. Before leaving your room in the morning, one person in each room must wait for a room check by a chaperone. After your room is checked, take all of your belongings to the lobby or bus.

I have read these rules and agree to abide by them.

Rower

Parent

Date



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Pg. 14 - Media Release Form

From time to time Sarasota Scullers Youth Rowing Program, Inc., as well as newspapers and television stations, interview, photograph and video tape our rowers, coaches and parents to visually explain the programs and events which our club offers. Those photographs, video tapes or audio tapes may be used in newspapers, on television or in Sarasota Scullers Youth Rowing Program, Inc. publications and productions.

YES, I grant permission for my child to participate in the media activities described above.

Print Name of Rower

OR

NO, I do not want my child to participate in the media activities described above.

Print Name of Rower

Parent/Guardian Signature

Date



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Pg. 15 - Mandatory US Rowing Membership Instructions

MANDATORY: EVERY MIDDLE SCHOOL AND HIGH SCHOOL ROWER is required to obtain and maintain a USRowing membership. The cost of membership for an individual under the age of 26 is \$45.00 per year and grants each individual all of the benefits associated with a membership in the organization.

1.) To obtain membership, go to www.usrowing.org and click on *Join/Renew* in the upper left hand corner.

2a.) If you have never had a US Rowing Number, click:

Become a USRowing Member and follow through the prompts until you have received verification that you have a membership number.

OR

2b.) If you have previously had a US Rowing Membership number, click:

Current Members: Renew Membership, Update Your Profile or Sign Your Waiver

If you forgot your US Rowing Number from a previous year (it does not change from year to year), click the link: *Forget your individual member number? Find it here!*

Follow through the prompts until you have received verification that you have a membership number.

**For Membership please use: Club Affiliation: Sarasota Scullers
Contact: Dragos Alexandru (Alex)**

3.) NEXT: SIGN YOUR WAIVER ONLINE NOW:

After you have received your member number go back to the same website of www.USRowing.com and click on *Join/Renew* again. This time click on: *If you are a paid individual member of USRowing, please click here to sign your waiver.*

Follow the prompts to electronically sign a waiver that is kept on file for regattas attended in each calendar year. *Please note that you will have to have your parent sign the waiver for you if you are under 18 years of age AND a new waiver will have to be signed in January as US Rowing's waivers follow the calendar year.*

4.) AFTER YOU HAVE RECEIVED YOUR US ROWING MEMBERSHIP NUMBER: you must e-mail your member number to sarasotascullers@yahoo.com. We must have your individual member number on file for entry into regattas.

_____ CHECK HERE IF YOU E-MAILED YOUR ROWING NUMBER TO SARASOTASCULLERS@YAHOO.COM



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Pg. 16 - Regatta Waivers instructions

Please complete the 3 waivers below:

1.) signyourwaiver.com instructions - (High School team only)

Go to: www.signyourwaiver.com

Click on the orange ball that says **Sign a Waiver** then click on **Junior Male** or **Junior Female** in the black section at the bottom of the page. Complete the questions and click 'next' for each new page.

When finished, please print a copy of the Completed Universal Waiver and include with your registration packet.

2.) NOARA Online Waiver instructions - (High School AND Middle School Teams)

Go to: http://www.noara.org/index.php?option=com_chronocontact&chronoformname=waiver_fl_scholastic

Please print form and complete. **Include completed copy with your packet.**

3.) Release of Liability; USRowing instructions - (High School AND Middle School Teams)

Go to: http://www.usrowing.org/Libraries/Waivers_and_Forms/2011_USRowing_Waiver.sflb.ashx

Please print form and complete. **Include completed copy with your packet.**